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Our Mission

To provide an environment where nail technicians have access to the products, business services, and training that they need in order to be successful.

Core Values

Deliver **WOW** Through Great Customer Service

Embrace and Drive Change

Create Fun for Employees and Clients

Be Adventurous, Creative, and Open-Minded

Pursue Growth and Learning

Build Open and Honest Relationships Through Communication

Build a Positive Team and Family Spirit

Do More With Less

Be Passionate and Determined with Everything We Do

Be Humble
**Heat Spike Warning**

It is commonly believed that in order for gels to cure completely and correctly, they must burn. This is **not true** with Simply Organic Gel Nails. Although our products are capable of burning your clients, they will not burn your clients as long as they are used properly and with the right UV lamp.

**The Right Lamp**

Our products are so pure they only require a **6 watt UV lamp** to cure! Use of any UV lamp larger than 6 watts will result in **extreme** heat spikes and may cause injury to your client! If you do not have a 6 watt lamp you **must** purchase one to use this product. You are at great risk of burning your clients if you use a UV lamp larger than 6 watts.

**Avoid the Burn by Flashing**

To prevent your clients from being burned, they **must** do what is called "flashing" their nails. To do this they must flash their nails under the UV light for 1 second and then put them out on top of the lamp for 4 seconds. This process must be repeated 3-5 times or until your client does not feel any warming sensations. Once there is no longer a warming sensation, your clients can leave their nails in the lamp until the product is fully cured.
Welcome to Simply Organic Gel Nails

The nail industry has made substantial changes in the last 20 years. As a result, options for nail technicians and clients are becoming innumerable. Acrylic enhancements and simple polish manicures are no longer the only options available. As salon owners, technicians and nail clients are all calling for safer nail products that do not contain acrylics and harmful chemicals -- Simply Organic Gel Nails is answering that call. We are proud to be among the leading companies who cater to the needs of both the rapidly ever-changing beauty industry and professional nail technicians.

Our Simply Organic Gel Nails System is not only safer than acrylic systems, but also proven to help correct many nail issues associated with other nail enhancements. Our chemist is one of the best research and development chemical consultants in the U.S. He has spent many years addressing the most common problems associated with acrylic products. He has also taken into consideration the health issues many technicians suffer from after long periods of exposure to methacrylates. The Simply Organic Gel Nails System is the result of his years of hard work.

We find it very encouraging that every year more and more women are demanding products without the harmful effects of acrylics. Women want safer, more health conscious options and our products provide them with this choice. In fact, our products are designed to alleviate many of the problems caused by other nail products, including:

1- Damage to natural nails
2- Excessive lifting and breakage of nail enhancements
3- Offensive odor
4- Acrylic dust and vapors
5- Excessive filing
6- Numerous repairs between fills
Our remarkable technology provides ease of application and durable wear without the undesired odor and nail damage.

Nail gels have been on the market since the early eighties and have evolved from being expensive, difficult to use, and with limited abilities, into the wonderful technology that our products provide today. Our polycarbonate technology offers the most advanced adhesion through protein bonding, incredible strength and thinness, a shine that is second to none, and unlimited nail art possibilities. Simply Organic Gel Nails also have a guaranteed shelf life of one year against yellowing.

Based upon our research, our products have as long lasting adhesion and strength as any product on the market, but we do not use binders or reconstructors. Our system uses protein bonding to create totally safe and beautiful nails. Our protein primer is attracted to the oxygen and protein in the natural nail and bonds our gels to the nail at the molecular level. Our system works on every client and every nail. Using only a Primer, Base, Color Base, and Builder Finish you have unlimited possibilities for sculpting, extending, and creating White Tips and nail art.

Due to the unique and powerful benefits of our protein bonding and synthesis strength, it is now easier and faster to maintain beautiful nails. Blend-in lines file faster and do not chip up, like many other products on the market, because of three key reasons:

1- Our polycarbonate technology does not damage the natural nail with acid based primers, monomers, or over-filing as acrylics and many other products do. This damage can cause the surface of the nail to microscopically collapse under pressure from the blend line, creating chipping and lifting.

2- Our powerful protein primer securely bonds our polycarbonate gel to the nail at the molecular level. It also puts a barrier between the natural nail and the gel to protect and strengthen the natural nail.

3- The uniquely tough molecular structure of the Simply Organic Gel Nails polycarbonate gel is such a strong weave of polycarbonate linkages, that chipping from structural failure is virtually eliminated as long as proper procedures are followed.
What Exactly are Gels?

Most gels are a relative of the acrylic family, meaning they have acrylic in them. However, unlike traditional acrylics which must be mixed before application, most gels come premixed in a slightly jellylike consistency of varying thicknesses. Gels are polished on in thin layers and, when cured (hardened), result in a transparent, glossy finish. There are two types of gel products and each differs in the hardening step of the application.

- **Lightless (or no-light) gels** - These gels are cured with the use of a spray, or brush on activator. Most gels that are no-light cured contain thickened wrap monomers and should be used like wraps.

- **Light cured gels** - These gels require a UV lamp to cure the gel. Most of the professional gels on the market fall into this category. The UV bulbs used to cure these gels can vary in strength from 4 watts to 36 watts or higher.

Several companies feature UV-cured gels which cure from the bottom up and have a dispersion layer that must be wiped off with cleanser. Many of these gels must use a plastic tip for any kind of length, or a white tip gel to sculpt a tip.

Just as acrylic systems have their disadvantages, traditional gel systems have disadvantages that often make them difficult to use. These include a heavy consistency, a tendency to be stringy, and a great deal of shrinkage during the curing process. There is also a tendency toward allergic reactions because most gel nails cure from the bottom up, leaving a dispersion layer that can contact skin. In addition, most gels contain acrylic monomers and use acids which can be harmful to the nail and skin.
Why Simply Organic Gel Nails

Simply Organic Gel Nails are UV-cured gels which, unlike most other UV-cured gels, cure from the top down, ensuring a solid cure with no dispersion layer to wipe off. A plastic tip can be used to create length, however our clear base gel is perfect for sculpting the nail to any length -- with superior strength and a completely natural feel.

There are many more advantages to using and wearing Simply Organic Gel Nails, including:

- Our gels are odorless
- They contain no acrylic acid, therefore reducing the risk of contact dermatitis
- Thin, natural looking nails that are just as or more durable than acrylics
- Instant shine and smooth finish
- Less filing
- No drying time when polish is cured with clear or colored Builder Finish gel
- Longer wear and less personal maintenance

Our products may also be applied in the same manner as acrylic and fiberglass wraps:

- Natural Nail Capping
- Tip Overlay
- Sculpted

The best part is we offer nail technicians a system with very long lasting adhesion and great strength. Every day there are more concerns about the effects of using acrylics. Consumers constantly complain about the damage to their nails, and technicians are simply fearful of the long-term health risks from working in and around nail products on a daily basis. This, and many other reasons that remain the talk of nail salons, is why Simply Organic Gel Nails exists today. We have stepped up to address these concerns and offer a solution that will ensure that the nail industry remains a viable industry where nail technicians can earn a lucrative income while providing their clients with a safe and healthier service.
Although this may seem like a bold statement, in reality it is most likely an understatement of our Polycarbonate Nail System. Anyone who has properly applied and maintained our gel nails for a few weeks readily recognizes the difference and the superior performance of Simply Organic Gel Nails over other nail products.

Our products are made of a custom engineered, high-density synthesized polycarbonate that creates nail strength that is virtually unbeatable. It is unique and different from acrylics, traditional and soak-off gels, and most other nail products in several ways, including:

1- **Superior Adhesion** - A proprietary, true organic protein bond at the molecular level provides superior adhesion performance. Our Polycarbonate Products bond to the natural nail using a totally different process than most other nail products, producing a longer-lasting and more durable adhesion. Instead of mechanically gripping, they chemically bond to the nail.

2- **Superior Strength** - Our proprietary, custom engineered polycarbonate is fundamentally different in chemical structure than other nail products. It produces a strong, hard, tough, and durable coating for the nail.

3- **No Chemical Concerns** - Our products contain absolutely no acid based gels or primers, no dangerous monomer methacrylates, no glues, no irritating chemicals, no acidic odors, no noxious vapors, no dangerous filing dust, and no chemical damage to the natural nail plate, yet our nails provide superior adhesion, strength, durability, and performance. This is an important feature that cannot be overstated.

4- **Easy, Fast Application and Maintenance** - Because of our custom design and high performance characteristics, our polycarbonate products are simple to use, making application and maintenance a breeze compared to most other nail products.
Introduction to the Simply Organic Gel Nails System

Every client is different and has different needs. Yet Simply Organic Gel Nails works on virtually every client, every time. This is because our system is not acid based. What does this mean? Regardless of a client’s acidic physiology, our gels are flexible and strong enough to adhere to just about any nail. Our gels are odorless, self-leveling, and top cure when placed in UV light. Our gels are a polymer not a polish. All gels and color gels must be cured under a UV lamp. Our gels cannot be removed with acetone or any other nail polish remover and must be filed off.

What’s even better is that our system relieves nail technicians from having to store a variety of different systems. The Simply Organic Gel Nails System saves the nail tech time and money, allowing them to concentrate on creating beautiful nails and to have fun while doing it! We have hundreds of colors and glitters, as well as nail art supplies with limitless design possibilities. Technicians can even create a customized nail color tailor-made for each individual client.

This manual contains many of the various nail applications you can do with the Simply Organic Gel Nails System. If you have questions regarding any application, please watch our training videos. They are designed to give you a better understanding of each step. If you find that you still have questions, please feel free to contact one of our nail experts through our website at www.sogelnails.com or via telephone at 866-681-3737.

The Simply Organic Gel Nails System is:

- Free of primers, dangerous monomer methacrylates, glues, irritating chemicals, acrid odors, noxious vapors, dangerous filing dust, and chemical damage to the natural nail plate
- Light and natural feeling on the nails
- Amazingly strong and durable
- A very easy system to use
- Non-allergenic and irritant free
- Non-lifting and flexible
- Smooth curing, like glass
Introduction to
Simply Organic Gel Nails Products

In order to create the amazing nails our products produce, it requires a number of unique products. The following is a detailed list of our products and why they are so important to the Simply Organic Gel Nails System.

Nail Cleanse

Nail Cleanse is a nail dehydrator and anti-microbial sanitizer. It contains no methacrylate monomers, acrylate monomers, acetone, or methyl ketones. This product is always applied with a sterile cotton applicator, **DO NOT USE A BRUSH.** Rub Nail Cleanse into the entire nail plate until all surface areas and free edges are clean.

**Benefits of Gel Nail Cleanse:**

- Anti-microbial sanitizer
- Nail dehydrator
- Contains no methacrylate monomers, acrylate monomers, acetone, or methyl ketones
- For available sizes and current prices see our website

Protein Primer

The Simply Organic Gel Nails System does not use an acid primer or any kind of acrylate product to incur adhesion of the gel to the natural nail. Instead, Simply Organic Protein Primer is an organic bonding agent. What does this mean to you, the nail technician? Because our Protein Primer is acid and acrylate free, it will not burn your client. Our Protein Primer is attracted to the oxygen and protein molecules in the nail plate. Because our Protein Primer is attracted to oxygen, you must keep it closed tightly when not using on your client otherwise it will gel and crystallize, causing it to be unusable. Our Protein Primer does not etch into the natural nail; rather it serves as a protective layer between the natural nail and the gel, actually adding strength and creating a strong, non-lifting hold on the
nail. Our Protein Primer attaches first to the nail plate and then to our Base Gel, creating a molecular bond between the two.

**NEVER** apply Protein Primer with a brush **ALWAYS** use a sterile cotton applicator.

**Benefits of the Protein Primer:**
- Does not etch into the natural nail
- Acts as a protective bonding layer between the natural nail and the gel
- Does not cause perionychium sensitivity
- Adheres to the base gel for strength and a non-lifting hold
- Odor Free – no noxious vapors or acrid odors
- Contains absolutely no acids, no primers, no dangerous monomer methacrylates, no glues, no irritating chemicals, no dangerous filing dust, and no chemical damage to the natural nail plate
- For available sizes and current prices see our website

**Base Gel**

Base Gel is a synthesized polycarbonate gel which is applied to the natural nail as the foundation for our Color Base, nail art, and our Builder Finish gels. Base Gel is applied as a thin coat; however it is stronger than any other gel or acrylic, and has the unique capacity for sculpting with the use of a form. Our Base Gel reacts to gravity and is self-leveling, alleviating the need for excessive brush-to-gel contact.

You must cure Base Gel for at least 30 seconds on each nail before adding our Color Base, nail art, or our Builder Finish. Base Gel will be completely cured and tack free with a high gloss and a glass-like finish that will feel light and natural in only one minute.

**Benefits of Base Gel:**
- Adds instant strength and length to the natural nail
- Completely sculptable
- Reacts to gravity and is self leveling, alleviating the need for excessive contact with the brush
• Cures completely and tack free in one minute
• Glass-like finish that feels light and natural
• Creates beautiful, strong, natural looking and feeling nails
• Odor Free - no acrid odors and no noxious vapors
• Contains absolutely no acids, no dangerous monomer methacrylates, no glues, no irritating chemicals, and no dangerous filing dust
• For available sizes and current prices see our website

**Remember exposure to direct UV light will cure our Base Gel. When using this product you do not want to sit by a window, halogen light, or any UV light source. Base Gel can also be affected by temperature changes and will last longer when stored in a cool, dark place.**

**Color Base #1**

Color Base #1 is designed thin for tip and full color application. Color Base #1 is mixed with color powders and glitters to make a wide array of customized colors and nail art. Color Base #1 cures with either a transparent or opaque finish, depending on the amount and type of pigment added to the gel. Depending on your preferred application technique, Color Base #1 can be applied using a brush or a gel dragger tool. Color Base #1 also reacts to gravity and is self leveling, alleviating the need for excessive brush-to-gel contact.

**Benefits of Color Base #1:**

- Thin consistency, perfect for tip or full color application
- Clear in color, allowing color pigments to be added for tip or full color application
- Can be used for transparent or completely opaque colors, depending on the amount and type of pigment used and the number of coats applied
- Versatile, it can be used as a polish or to create nail art
- Easily adjust the consistency of any color mixture by adding more gel or color as needed
• Reacts to gravity and is self leveling, alleviating the need for excessive contact with the brush

• Economical, a small, dime-sized circle of gel is all that is needed for applying full color to all 10 nails

• Odor Free - no acrid odors and no noxious vapors

• Contains absolutely no acids, no dangerous monomer methacrylates, no glues, no irritating chemicals, and no dangerous filing dust

• For available sizes and current prices see our website

**Remember exposure to direct UV light will cure our Color Base #1 gel. When using this product you do not want to sit by a window, halogen light, or any UV light source. Color Base #1 gel can also be affected by temperature changes, and will last longer when stored in a cool, dark place.

**Color Base #2**

Color Base #2 is a concentrated gel which allows more time to create nail art, without the gel running. Color Base #2 is mixed with color powders and glitters to make a wide array of customized colors and nail art. Color Base #2 cures with either a transparent or opaque finish, depending on the amount and type of pigment added to the gel. Depending on your preferred application technique, Color Base #2 can be applied using a brush or a gel dragger tool. Color Base #2 also reacts to gravity and is self leveling, alleviating the need for excessive brush-to-gel contact.

**Benefits of Color Base #2:**

• Concentrated consistency for nail art

• Clear in color, allowing color pigments to be added for nail art

• Can be used for transparent or completely opaque colors, depending on the amount and type of pigment used and the number of coats applied

• Versatile, it can be used as a thick polish (however it is mostly used to create nail art)
• Easily adjust the consistency of any color mixture by adding more gel or color as needed

• Reacts to gravity and is self leveling, alleviating the need for excessive contact with the brush

• Economical, a very small amount of gel is all that is needed for nail art

• Odor Free - no acrid odors and no noxious vapors

• Contains absolutely no acids, no dangerous monomer methacrylates, no glues, no irritating chemicals, and no dangerous filing dust

• For available sizes and current prices see our website

**Remember exposure to direct UV light will cure our Color Base #2 gel. When using this product you do not want to sit by a window, halogen light, or any UV light source. Color Base #2 gel can also be affected by temperature changes, and will last longer when stored in a cool, dark place.

Opaque French

Opaque French is a **brilliant white** gel used to create beautiful, crisp, clean French Manicures and nail art. This brilliant white gel can also be mixed with our other Colors and Gels to create cool pastel hues. Opaque French cures with an opaque finish. Depending on your preferred application technique, Opaque French can be applied using a brush, gel dragger tool, or the tip of the applicator. Opaque French also reacts to gravity and is self leveling, alleviating the need for excessive brush-to-gel contact.

On occasion the pigment may separate and needs to be re-suspended in the gel. If this happens, simply open the top and stir the product with the wooden end of a cotton applicator or a manicure stick.

**Benefits of Opaque French:**

• Brilliant white gel

• Used for French Manicures and nail art

• Apply directly to the nail from the bottle with the applicator tip
Natural French

Natural French is used to create a more natural looking color tip, instead of a starker opaque white french look. Natural French can also be mixed with any of our other colors to tone down the original color. Depending on your preferred application technique, Natural French can be applied using a brush, gel dragger tool, or the applicator tip of the bottle. Natural French also reacts to gravity and is self leveling, alleviating the need for excessive brush-to-gel contact.

On occasion the pigment may separate and needs to be re-suspended in the gel. If this happens, simply open the top and stir the product with the wooden end of a cotton applicator or a manicure stick.

Benefits of Natural French:

- Natural nail white gel
- Used for Natural French Manicures
- Apply directly to the nail from the bottle with the applicator tip
- Reacts to gravity and is self leveling, alleviating the need for excessive contact with the brush
- Can be mixed with our Colors and other Gels to tone down original color
• Odor Free - no acrid odors and no noxious vapors
• Contains absolutely no acids, no dangerous monomer methacrylates, no glues, no irritating chemicals, and no dangerous filing dust
• For available sizes and current prices see our website

**Remember exposure to direct UV light will cure our Natural French. When using this product you do not want to sit by a window, halogen light, or any UV light source. Natural French gel can be affected by temperature changes, and will last longer when stored in a cool, dark place.**

**Colors and Glitters**

Colors and Glitters are UV stabilized pigments including opaques, pearls, accents, and shimmers that are custom mixed and designed for every age group, energy, and mood. Our Colors were created to allow technicians to use creativity in customizing shades, art, and various looks -- tailored to each one of their clients and their individual needs. Our Colors come in a variety of UV stabilized pigments. With literally hundreds of colors and glitters to choose from, the possibilities are endless. Nail technicians can mix any of our different colors and glitters together to make custom colors for clients, and we are always excited to help create custom colors. Our colors do not come premixed with our gel simply because once the color pigment has been added to the gel it only has a guaranteed shelf life of 1 year -- just like our gels. However before the pigments are mixed with our gels, they have an unlimited shelf life. Waste can be a thing of the past. Mix together only what you need, however if you do mix too much, we sell Color Keepers to store extra mixed color gel.

**Benefits of Nails Colors and Glitters:**

• Hundreds of colors to choose from
• We use cosmetic grade pigments and glitters
• We are always happy to mix custom colors for you
• You can mix any of our colors together to make custom colors by yourself
• Improving sales to clients is a snap when you show them that you can create custom colors and unique designs just for them
• Our pigments have unlimited shelf life
• For available sizes and current prices see our website
Builder Finish

Builder Finish is the Flow Coat and Finishing Gel for our nails system. Builder Finish is a synthesized polycarbonate gel that cures with a durable, high shine. Builder Finish comes in clear and many other ready-to-use colors. On occasion, the pigment in the ready-to-use colors may separate from the gel and need to be re-suspended. If this happens, simply open the top and stir the product with the wooden end of a cotton applicator or a manicure stick.

When applied as a flow coat, before using to build the final coat of a nail, Builder Finish will direct the final coat of Builder Finish where it is most needed on the nail. Builder Finish is self leveling and reacts to the use of gravity to create a natural arch. This reaction to gravity alleviates the need for excessive brush-to-gel contact.

Benefits of Builder Finish:

- Comes in clear and many other ready-to-use colors
- Very durable under everyday activities
- When used as a flow coat, directs the gel where it is needed most on the nail
- Reacts to gravity and is self leveling, alleviating the need for excessive contact with the brush
- Can be buffed to make filing corrections, and reapplied for a glossy finish
- Apply directly to the nail from the bottle with the applicator tip
- Odor Free - no acrid odors and no noxious vapors
- Contains absolutely no acids, no dangerous monomer methacrylates, no glues, no irritating chemicals, and no dangerous filing dust
- For available sizes and current prices see our website

**Remember exposure to direct UV light will cure Builder Finish gel. When using this product you do not want to sit by a window, halogen light, or any UV light source. Builder Finish gel can also be affected by temperature changes, and will last longer when stored in a cool, dark place.**
Cuticle Oil

By sheer nature of the complete nail enhancement process, the cuticle and skin around the nail becomes dehydrated during a manicure. Cuticle Oil is used to put natural organic oils back into the cuticle and skin around the nail at the very end of a nail service. Our Cuticle Oils contain a custom blend of organic oils and refreshing scents that your clients will enjoy.

Benefits of Cuticle Oil:

- Rehydrates and refreshes oils in the cuticle
- Available in many enjoyable and refreshing scents
- Packaged in a dropper bottle so that contamination from one client to the next is virtually eliminated
- For available sizes and current prices see our website
Application Techniques

Please be aware that, depending on the kit you purchased, it may or may not include all of the products necessary to perform each application. If you want to perform an application and you do not have all of the products you need for it, please feel free to go to our website at www.sogelnails.com to order them. All of our products ship within one business day.

Basic Rules of Application

1- **Never** use Simply Organic Gel Nail Products near direct or indirect sunlight. The sun’s UV rays are hundreds of times more intense than our UV light. The sun will start curing the product while you are applying it. Move away from the window or close the blinds or curtains prior to use of our products. **Never apply products outdoors**!

2- Always prepare a clean, dry surface area to work on. Putting a paper towel down first helps for cleaning up during and after the nail service.

3- Use a good light source over your work area to insure good visualization of the application process. **Never use Halogen lights**, they emit UV light and will start the curing process.

4- Use the proper brush; #4 sable.

5- The heat and cold parameters for our products are between 40 to 120 degrees Fahrenheit. For best results store gel at 70 degrees Fahrenheit.

6- You are working with a thick and viscous liquid, it is constantly moving while in the liquid state. We suggest placing a drop on one nail and observing its movements; watch how it flows, turn it from side to side, and upside down. Get used to how it moves so you can use that movement to your advantage. Let the product do the work for you.

7- **Practice, practice, practice.** There is a learning process with any new product. **Remember, practice makes perfect.**
Correctly Filing the Nail

The Simply Organic Gel Nail System requires the use of a 100/180 grit file. Be extremely careful when filing a nail. It is very easy to file too hard and too long in one spot. Do not press too hard or you can file off too much of the nail plate. Make sure your filing efforts are concentrated to make the finished product smooth and crosshatched, not red and damaged! **Our system does not require excessive filing; you only need to remove the shine from the nail plate, nothing more.**

Be aware of the dangers of using an electric file on the natural nail. The Sander Band or Drill Bit can remove the first couple of layers on the natural nail very quickly, making the nail plate thin and tender or removing it completely -- exposing your client to pain and possible infection.

When filing, start at the cuticle; going around the sidewalls and down the entire nail surface until the shine is removed from the nail. The shine on the nail is caused by oils and must be removed for the Simply Organic Gel Nail System to work. You do not have to over file the nail, **only remove the shine**.

**What is the Nail Made of?**

- **Nail Plate**
- **Layer of keratin**
- **Layer of keratin**
- **LIVE KERATIN**
- **NAIL BED**

This nail is filed correctly because it is crosshatched, allowing our Protein Primer and Gel to have something to hold onto.

This nail is filed incorrectly because the filing on both sides of the nail goes the same direction and does not make the crosshatched nail surface.
Prepping the Nail

Materials Needed:

- Nail Cleanse
- Dampen Dish
- Lint Free Wipes
- Dual Pusher
- Pusher Plus
- Nippers
- Nail Brush
- 100/180 Nail File in File Saver
- Dome Duster
- Cotton Applicators

1- Using a small amount of Nail Cleanse, wet a Lint Free Wipe. You do not want the wipe dripping, just damp. Wipe each finger from the cuticle forward to begin sanitizing and dehydrating the nail plate, cuticle, and sidewalls.

2- Using a Pusher Plus and Dual Pusher, push back the cuticles and clean off any extra cuticle growth or pterygium. If necessary, use Nippers to trim extra cuticle growth.

3- Using the 100 grit side of your Nail File in the File Saver, take the shine off the nail plate by crosshatching the nail plate from the left and right. Our system requires the use of a 100/180 grit file, make sure you are using the 100 grit or black side of the file. Do not press too hard or you may file off too much of the nail plate. The Simply Organic Gel Nails System does not require excessive filing; you need only remove the shine from the nail plate, nothing more.
4- Use your Nail Brush to clean off the nail plate and sides. Make sure you have the shine off the sides of each fingernail. If you do not, gently file those places that you have missed and brush off the nail plate and sides again. Use your Dome Duster to brush off your client’s hand and clean the nail dust from your area.

5- Pour a small amount of Nail Cleanse into a Dampen Dish. Take one cotton applicator from the sterile pack of 2 (We recommend that you use sterile cotton applicators to avoid contamination from one product or client to another). **DO NOT USE A BRUSH.** Dip the cotton applicator completely into the Nail Cleanse in your Dampen Dish. Scrub the cuticle from left to right twice, then bring the swab around the sides, come across the free edge and scrub the center of the nail^3A^, and then back down the other side to the cuticle. The Nail Cleanse will air-dry in about 10-30 seconds depending on the humidity in your area. Dip the swab again and repeat on each nail. Do not be afraid to get Nail Cleanse on the cuticle and nail sidewalls. You will rehydrate the cuticle and sidewalls of the nail with Cuticle Oil at the end of the nail service.
Applying a Clear Overlay to the Natural Nail

Materials Needed:

- Nail Cleanse
- Cuticle Oil
- Lint Free Wipes
- Dual Pusher
- Toothpick Bit
- Lotion
- Nail Brush
- 100/180 Nail File in File Saver
- Dome Duster
- Protein Primer
- Cotton Applicators
- Gel Brush
- UV Lamp Guards
- 6 Watt UV Lamps
- Base Gel
- Clear Builder Finish
- Nail Vacuum System
- Electric File

Prepping the Nail

1- Refer to page 18 for proper nail prepping technique.

Applying Protein Primer

2- After the nail cleanse has dried, take the second cotton applicator (NEVER APPLY PROTEIN PRIMER WITH A BRUSH) and dip it completely into the Protein Primer. Apply two heavy coats of Protein Primer 4A to each nail, exactly as you did the nail cleanse using the cotton applicator, rubbing vigorously into the natural nail plate. Make sure you apply Protein Primer to the free edges so that the overlay will wrap around the free edge and bond to the entire nail. Wait at least 60 seconds for the product to seek out the keratin and amino acid in the nail plate and begin the bonding process before applying gel. Make sure you dip your swab for each

Quick Tip

APPLY 2 HEAVY COATS OF PRIMER WITH STERILE COTTON APPLICATOR

Quick Tip

WAIT AT LEAST 60 SECONDS FOR THE PRODUCT TO SEEK OUT THE KERATIN AND AMINO ACID IN THE NAIL PLATE AND BEGIN THE BONDING PROCESS BEFORE APPLYING GEL
nail. The nail should appear wet and shiny. Do not be afraid to get Protein Primer on the cuticle and skin. Protein Primer will NOT burn or harm your client’s skin, and contains no acid. Any extra Protein Primer left on the finger can be wiped off with Nail Cleanse at the end of the nail service, before rehydrating the cuticle and skin with Cuticle Oil. Make sure you replace the primer lid tightly.

Applying Base Gel

3- Apply a small line of Base Gel down the center of the nail. Using your Gel Brush smooth the Base Gel onto the nail plate, much like applying nail polish. Keep the product about 1/64th of an inch away from the cuticle. Use a light touch, a heavy brush stroke will remove too much of the product. The Base Gel should appear smooth, like glass, without any bubbles in the gel. If it has a grainy appearance, apply a little more Base Gel and smooth again. Make sure you wrap the Base Gel around the free edge of the nail. Keep the gel off the skin and cuticle. If you get gel on the cuticle, use your Dual Pusher to make a free margin between the product and the skin. This will keep the gel from lifting off the nail after it is cured.
Curing Base Gel

4- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp, with the top up in the highest position, in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 1A.

b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 5A.

c. Repeat, alternating steps a and b 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. **Our gels should not, and will not, burn if cured correctly.**

d. Place the nails under the UV lamp for 30 seconds. The Base Gel will be tacky; it does not have to be hard-cured to move on to the next step.

Applying Clear Builder Finish

5- Using the bottle of Clear Builder Finish, apply a thin line down the center of the nail. Use your Gel Brush to brush a Flow Coat (thin layer, or map, for your builder finish to follow) over the entire nail.
6- Holding the nail at a downward angle, put a line of Builder Finish down the center of the nail, then apply a small amount on either side of center line so that there are 3-4 thin lines of Builder Finish on the nail plate.

7- Turn the client’s finger upside down so you can see where the builder settles. Using the corner of your Gel Brush, pull the gel from the high spots into the low spots to equalize the gel (this is called a gravity pull). Guide the gel into a nice, even, almond shape. Make sure you have an even arch from the cuticle to the end of the nail, and then from side to side (this is called the C-Curve). Turn fingernail right side up and allow product to self-level. Repeat if necessary.

Curing Builder Finish

8- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 1.

b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 5.

c. Repeat, alternating steps A and B 3-5 times until your client does not
feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. **Our gels should not, and will not, burn if cured correctly.**

d. Place the nails under the UV lamp. Push the lamp top down into its lowest position, and cure for 4 minutes.

**Finishing the Nail**

9- Use your File in the File Saver or your electric file, with Toothpick Bit and Vacuum System attached\[10A\], to clean away any gel that may have run under the nail.

10- Use the File in the File Saver to finish shaping the nail.

11- Dust off your client’s hands and nails with the Nail Brush.

12- Dampen a Lint Free Wipe with a small amount of Nail Cleanse and wipe off any excess Protein Primer that may be left on the skin around your client’s nails.

13- Apply Cuticle Oil.

14- Apply hydrating massage cream or lotion.

**QUICK TIP**

**FINAL CURE IS 4 MINUTES WITH TOP DOWN**

**QUICK TIP**

**OUR GELS SHOULD NOT, AND WILL NOT, BURN IF CURED CORRECTLY**

**QUICK TIP**

**NAIL CLEANSE MAY DULL THE FINISHED NAIL, SO BE CAREFUL WHEN CLEANING UP THE SKIN AROUND THE NAIL.**
Sculpting a Nail

Sculpted extensions are done only on nails that have an existing small free edge. You must have a free edge for the forms to fit properly. When you have no free edge, you will need to apply plastic tips instead. Sculpted extensions are the most difficult application to do, however they are preferred by clients because of the natural feel. The type of form you use will be a factor in determining how easy your application process will be. Because the Simply Organic Gel Nail System has weight to it, you need to use a form that will hold up under the free edge snugly. When the form is loose, the product will seep under the natural nail’s free edge. Sculpted extensions can be done on nails that already have product on them, or right onto the natural nail. They are used to repair a broken nail or to lengthen your client’s natural nails.

Materials Needed:
- Nail Brush
- 100/180 Nail File in File Saver
- Protein Primer
- Sterile Cotton Applicators
- UV Lamp Guards
- Gel Brushes
- 6 Watt UV Lamps
- Base Gel
- Straight Nail Scissors
- Curved Nail Scissors
- Gold Foil Forms
- Dual Pusher

Prepping the Nail
1- Refer to page 18 for proper nail prepping technique.

Applying Protein Primer
2- After the Nail Cleanse has dried, take the second cotton applicator (NEVER APPLY PROTEIN PRIMER WITH A BRUSH) and dip it completely into the Protein Primer. Apply two heavy coats of Protein Primer to each nail, exactly as you did the Nail Cleanse in step 5, rubbing vigorously into the natural nail plate. Make sure you apply Protein Primer
to the free edges so that the overlay will wrap around the free edge and bond to the entire nail. Wait at least 60 seconds for the product to seek out the keratin and amino acid in the nail plate and begin the bonding process before applying gel. Make sure you dip your swab for each nail. The nail should appear wet and shiny. Do not be afraid to get Protein Primer on the cuticle and skin. **Our Protein Primer will NOT burn or harm your client’s skin, and contains no acid.** Any extra Protein Primer left on the finger can be wiped off with Nail Cleanse at the end of the nail service, before rehydrating the cuticle and skin with Cuticle Oil. **Make sure you replace the primer lid tightly.**

**Applying Base Gel**

3- Apply a small line of Base Gel down the center of the nail. Using your Gel Brush smooth the Base Gel onto the nail plate, much like applying nail polish. Keep the product about 1/64th of an inch away from the cuticle. Use a light touch, a heavy brush stroke will remove too much of the product. The Base Gel should appear smooth, like glass, without any bubbles in the gel. If it has a grainy appearance, apply a little more Base Gel and smooth again. Make sure you wrap the Base Gel around the free edge of the nail.
Keep the gel off the skin and cuticle. If you get gel on the cuticle, use your Dual Pusher to make a free margin between the product and the skin. This will keep the gel from lifting off the nail after it is cured.

**Curing Base Gel**

4. **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp, with the top up in the highest position, in the following manner, called “flashing”.

   a. Controlling the client’s hand, place the nail under the lamp for a count of 1.

   b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 5.

   c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. **Our gels should not, and will not, burn if cured correctly.**

   d. Place the nails under the UV lamp for 30 seconds. The Base Gel will be tacky; it does not have to be hard-cured to move on to the next step.

**Applying Extension (Gold Foil) Forms**
5- Take out one Gold Foil form.

6- Cut the back of the form with your straight scissors.

7- With your index finger and thumb, squeeze the form and gently slide it up under the real nail.

8- When the form is in place, make sure to squeeze the sides of the Gold Foil form together so it sticks to the finger. Check the fit of the form on each nail, making sure that each form fits snugly with no loose or open areas that the Base Gel can seep into or under.

9- Make any adjustments that need to be made, trimming the form with your curved nail scissors if necessary.

Applying Base Gel to Create Extension

10- Starting in the center of the nail, apply a thin bead line of Base Gel and pull it towards the free edge, to the length of the form you desire. Go across the number length just longer than your desired finish length. It is best to make the extension a little longer than the desired finished length, so that you can file and shape the finished nail without losing the desired length. Bring the gel back towards your original starting point and go back up the other side of the nail, making sure there is a nice, even coat of gel covering the entire nail.
11- Keep product off the skin. Use your Dual Pusher to clear away any gel that gets on the skin.

12- Turn nail upside down, check all five angles of the nail. Use the corner of your Gel Brush to distribute the gel and make an arch. Turn right side up.

Curing Extension

13- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp, with the top up in the highest position, in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 18B.

b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 59B.

c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. **Our gels should not, and will not, burn if cured correctly.**

d. Place the nail under the UV lamp for 1-2 minutes with the top down in the lowest position10B.

QUICK TIP
LET THE GRAVITY DO THE WORK FOR YOU. TURN THE NAIL UPSIDE DOWN AND USE GEL BRUSH TO GUIDE GEL WHERE YOU NEED IT
14- Gently remove extension form. If the gel is not fully cured under the extension, put the nail back under the lamp with the nail upside down and cure for an additional 1 minute.

Finishing the Extension

15- With your Nail File, shape the top and free edge of your new nail, making sure it is smooth. Remember, when you have a good base the final product will be excellent.

16- Use your Nail Brush to clean off around the cuticle and the nail. Use your Dome Duster to dust off hands and clean the nail dust from your area.

17- Follow the sequence, left thumb, right four fingers, left four fingers, and then the right thumb. This will allow the gels to cure on one hand while you are working on your client’s other hand.

18- Finish nail service refer to page 42
Applying Simply Organic Gel Nails Over Plastic Tips

Materials Needed:

Nail Cleanse   Lint Free Wipes   Dampen Dish
Dual Pusher   Pusher Plus   Nippers
Nail Brush   100/180 Nail File in File Saver   Dome Duster
Protein Primer   Sterile Cotton Applicators   Gel Brushes
UV Lamp Guards   6 Watt UV Lamps   Base Gel
Plastic Tips   Nail Glue

Prepping the Nail

1- Using a small amount of Nail Cleanse, wet a Lint Free Wipe. You do not want the wipe dripping, just damp. Wipe each finger from the cuticle forward to begin sanitizing and dehydrating the nail plate, cuticle, and sidewalls¹c.

2- Using a Pusher Plus and Dual Pusher, push back the cuticles and clean off any extra cuticle growth or pterygium. If necessary, use Nippers to trim extra cuticle growth.

3- Choose the proper size tip for each finger. It is better to choose a tip that is too large than one that is too small. File the sides of the tip until it fits the nail perfectly. Then, using Nail Glue, attach tips to all ten nails, being careful to apply them straight.
4- Cut tips to the customer’s desired length. Tip cutters work best, however nail scissors or Nippers will work fine.

5- Using a 100 grit Nail File, blend the nail tip to natural nail and remove the shine from the natural nail plate by cross hatching the nail plate.

6- Use your Nail Brush to clean off the nail plate and sides. Make sure you have the shine off the sides of each fingernail. If you do not, gently file those places that you have missed and brush off the nail plate and sides again. Use your Dome Duster to brush off your client’s hand and clean the nail dust from your area.

7- Pour a small amount of Nail Cleanse into a Dampen Dish. Take one cotton applicator from the sterile pack of 2 (We recommend that you use sterile cotton applicators to avoid contamination from one product or client to another). DO NOT USE A BRUSH. Dip the cotton applicator completely into the Nail Cleanse in your Dampen Dish. Scrub nail across the cuticle from left to right twice, then bring the swab around the sides, come across the edge of the plastic tip and scrub the center of the nail, and then back down the other side to the cuticle. Make sure to cleanse the entire nail, tip included. Nail Cleanse will air-dry.
in about 10-30 seconds depending on the humidity in your area. Dip the swab again and repeat on each nail. Do not be afraid to get Nail Cleanse on the cuticle and nail sidewalls. You will rehydrate the cuticle and sidewalls of the nail with Cuticle Oil at the end of the nail service. **Never touch the nail surface after it has been cleaned, the oils from your fingers will cause our system to be unable to adhere properly to the nail.**

**Applying Protein Primer**

8- After the Nail Cleanse has dried, take the second cotton applicator (NEVER APPLY PROTEIN PRIMER WITH A BRUSH) and dip it completely into Protein Primer. Apply two heavy coats of Protein Primer to the *natural nail only*. Apply Protein Primer as you did the Nail Cleanse in step 8, rubbing vigorously into the natural nail plate. Wait at least 60 seconds for the product to seek out the keratin and amino acid in the nail plate and begin the bonding process before applying gel. Make sure you dip your swab for each nail. The nail should appear wet and shiny. Do not be afraid to get Protein Primer on the cuticle and skin. Protein Primer will **NOT** burn or harm your client’s skin and contains no acid. Any extra Protein Primer left on the finger can be wiped off with Nail Cleanse at the end of the nail service, before rehydrating the
cuticle and skin with Cuticle Oil. Make sure you replace the primer lid tightly.

**Applying Base Gel**

9- Apply a small line of Base Gel down the center of the nail. Using your Gel Brush smooth the Base Gel onto the nail plate, much like applying nail polish. Keep the product about 1/64th of an inch away from the cuticle. Use a light touch, a heavy brush stroke will remove too much of the product. The Base Gel should appear smooth, like glass, without any bubbles in the gel. If it has a grainy appearance, apply a little more Base Gel and smooth again. Make sure you wrap the Base Gel around the free edge of the plastic tip. Keep the gel off the skin and cuticle. If you get gel on the cuticle, use your Dual Pusher to make a free margin between the product and the skin. This will keep the gel from lifting off the nail after it is cured.

**Curing Base Gel**

10- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp, with the top up in the highest position, in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 1.

b. Remove the hand from the lamp
and place on top of the lamp for the counts of 2, 3, 4, and 5.

c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.

d. Place the nails under the UV lamp for 1-2 minutes°C.

11- Apply full color, French white, color tips, or nail art as desired; following the sequence, left thumb, right four fingers, left four fingers, and then the right thumb. This will allow the gels to cure on one hand while you are working on your client’s other hand.

Finishing the Plastic Tip

12- Finish nail service refer to page 42.
Prepping the Nail

1- Refer to page 18 for proper nail prepping technique.

Sculpting the Nail

2- Refer to page 25 for proper nail prepping technique, or refer to page 31 for proper plastic tip application technique.

Applying French Tip

3- Lay the applicator tip of the Opaque or Natural French Gel bottle at a slight angle to the sculpted nail and gently squeeze enough gel onto the nail to make a medium-sized bubble. Stop squeezing the bottle. Using the applicator tip of the bottle, move some of the gel from side to side to make a smile line or create the shape you desire; crescent, chevron, or straight.

4- Make sure the nail tip is completely covered, and that you bring the

Occasionally, the pigment or color in our Opaque or Natural French will separate from the gel. If this happens, simply re-suspend any pigment that has settled over time by removing the lid from the bottle of Opaque or Natural French, and stirring the gel with a wooden manicure stick.

Materials Needed:

- 6 Watt UV Lamps
- UV Lamp Guards
- 100/180 Nail File in File Saver
- Opaque/Natural French
- Nail Brush
- Dual Pusher

Quick Tip

Gently squeeze enough gel onto the nail to make a medium-sized bubble.
gel far enough up the nail toward the cuticle to give the client longer wearing time. Clean off the sides with the Dual Pusher2D.

**Curing French Tip**

5- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 1.

b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 53D.

c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.

d. Place the nail under the UV lamp for 1-2 minutes with the top down in the lowest position.

6- Use your nail brush to clean off filing dust.

**Finishing the Nail**

7- Finish nail service refer to page 42
Applying Full Color
(Now that your extension is complete)

Materials Needed:
- Mixed Color (*page 63*)
- 6 Watt UV Lamps
- Dual Pusher
- Nail Brush
- 100/180 Nail File in File Saver
- Gel Brushes
- UV Lamp Guards

Prepping the Nail
1. Refer to page 18 for proper nail prepping technique.

Sculpting the Nail
2. Refer to page 25 for proper nail sculpting technique, or refer to page 31 for proper plastic tip application technique.
3. To mix color refer to page 63

Applying Full Color
4. Using your gel brush, pick up a small amount of the color that you just mixed and brush it on to the sculpted nail, covering the nail just as you would with nail polish. Apply one thin coat for a sheer look, or two or more thin coats for a more intense color. Cure between coats for 15-30 seconds to set the color. Remember, if you get the color product on too thick in one coat, it may not cure all the way through.
5. Clean any excess color gel off the sides of the nail with your Dual Pusher.

_QUICK TIP_
APPLY ONE THIN COAT FOR A SHEER LOOK, OR TWO OR MORE THIN COATS FOR A MORE INTENSE COLOR

_QUICK TIP_
CURE BETWEEN COATS FOR 15-30 SECONDS TO SET THE COLOR

_QUICK TIP_
IF COLOR IS TOO THICK IT MAY NOT CURE CORRECTLY
Curing Full Color

6- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp in the following manner, called “flashing”.

   a. Controlling the client’s hand, place the nail under the lamp for a count of 1<sup>2E</sup>.

   b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 5<sup>3E</sup>.

   c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.

   d. Place the nail under the UV lamp for 1-2 minutes with the top down in the lowest position<sup>4E</sup>.

7- Use your nail brush to clean off nails.

Finishing the Nail

8- Refer to page 42 for finishing technique
Applying Colored French Tip
(Now that your extension is complete)

Materials Needed:
- Mixed Color (page 63)
- 6 Watt UV Lamps
- Dual Pusher
- Nail Brush
- 100/180 Nail File in File Saver
- Gel Brushes
- UV Lamp Guards

Prepping the Nail
1- Refer to page 18 for proper nail prepping technique.

Sculpting the Nail
2- Refer to page 25 for proper nail sculpting technique, or refer to page 31 for proper plastic tip application technique.
3- Refer to page 63 for mixing Simply Organic Gel colors.

Applying Colored French Tip
4- Using your gel brush, pick up a small amount of color. Do not get too much, a small amount of gel goes a long way and it is better to apply two thin layers of color, curing for 15-30 seconds between layers, rather than applying one thick layer. Apply the color gel to the tip and then push toward the cuticle to create your smile line or the tip shape that you desire; crescent, chevron, or straight.

5- Make sure the nail tip is completely covered, and that you bring the gel far enough up the nail toward the cuticle to give the client longer

QUICK TIP
APPLY THE COLOR GEL TO THE TIP AND THEN PUSH TOWARD THE CUTICLE TO CREATE YOUR SMILE LINE OR THE TIP SHAPE THAT YOU DESIRE; CRESCENT, CHEVRON, OR STRAIGHT
wearing time. Clean off the sidewalls with your Dual Pusher.

Curing Colored French Tip

6- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 1°F.

b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 5°F.

c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.

d. Place the nail under the UV lamp for 1-2 minutes with the top down in the lowest position 3°F.

7- Use your nail brush to clean off nails.

Finishing the Nail

8- Refer to page 42 for finishing technique.
Finishing the Nail

Materials Needed:

- Builder Finish
- UV Lamp Guards
- Toothpick Bit
- Dome Duster
- Cuticle Oil
- Gel Brushes
- File in File Saver
- Nail Vacuum System
- Lint Free Wipe
- Lotion
- 6 Watt UV Lamps
- Electric File
- Nail Brush
- Nail Cleanse

Prepping the Nail

1- Refer to page 18 for proper nail prepping technique.

Sculpting the Nail

2- Refer to page 25 for proper nail sculpting technique, or refer to page 31 for proper plastic tip application technique.

3- Refer to page 38 for proper tip or full color application technique.

4- With the bottle of Builder Finish, apply thin line down the center of the nail. Using your Gel Brush, brush a Flow Coat (thin layer or map for your Builder Finish to follow) over the entire nail.

5- Holding the nail at a downward angle, put a line of Builder Finish down the center of the nail, then apply a small amount on either side of the center line so that there are 3-4 thin lines of Builder Finish on the nail plate.®
6- Turn the finger upside down\textsuperscript{2G} so you can see where the builder settles. Using the corner of your Gel Brush, pull the gel from the high spots into the low spots to equalize the gel (this is called a gravity pull). Guide the gel into a nice, even, almond shape. Make sure you have an even arch from the cuticle to the end of the nail and then from side to side (this is called the C-Curve). Turn the fingernail right side up and allow product to self-level. Repeat if necessary.

Curing Builder Finish

7- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 1.

b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 5.

c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.

d. Place the nails under the UV
lamp. Push the lamp top down into its lowest position, and cure for 4 minutes.

8- Use your File in the File Saver or your electric file, with Toothpick Bit and Vacuum System attached, to clean away any gel that may have run under the nail.

9-- Use the File in the File Saver to finish shaping the nail.

10- Dust off your client’s hands and nails with the Nail Brush.

11- Dampen a Lint Free Wipe with a small amount of Nail Cleanse, and wipe off any excess Protein Primer that may be left on the skin around your client’s nails.

12- Apply Cuticle Oil.

13- Apply hydrating massage cream or lotion.
Backfill

Most of your clients will want you to do a complete Backfill on them when they come in to have their nails redone. This is because, with a Backfill, all nail color and artwork can be completely changed.

Materials Needed:

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nail Cleanse</td>
<td>Dampen Dish</td>
</tr>
<tr>
<td>Dual Pusher</td>
<td>Pusher Plus</td>
</tr>
<tr>
<td>Nail Brush</td>
<td>100/180 Nail File in File Saver</td>
</tr>
<tr>
<td>Protein Primer</td>
<td>Sterile Cotton Applicators</td>
</tr>
<tr>
<td>UV Lamp Guards</td>
<td>6 Watt UV Lamps</td>
</tr>
<tr>
<td>Nail Vacuum System</td>
<td>Electric File</td>
</tr>
<tr>
<td>Mandrel Bit</td>
<td></td>
</tr>
</tbody>
</table>

Prepping the Nail

1- Using a small amount of Nail Cleanse, wet a Lint Free Wipe. You don’t want the wipe dripping, just damp. Wipe each finger from the cuticle forward to begin sanitizing and dehydrating the nail plate, cuticle, and sidewalls1H.

2- Using the electric file, with the Mandrel Bit, Sander Band, and Vacuum System attached, take off 90% the old product -- including most of the color or white tip. Do not take off all of the product or you will damage the natural nail and cause your client harm. Remove only 90% of the product. The old Base Coat will act as a shield to protect the natural nail.

a. Start in the middle of the nail, doing this will knock off the sharpness of the Sander Band.
b. With slow and even strokes of the file, pull the electric file toward you, going up the extension to the tip of the product covered nail.  

c. Keep the electric file moving! Keeping the file in one place will remove too much of the product and harm the natural nail. Also, the friction of the file in one spot will cause the file and product to get hot, which may hurt your client.  

d. After you have taken 50% of the product off, use the side of the sander band on the tip of the product covered nail to shorten the nail tip to the desired length. Make sure you use even strokes from left to right.  

3- Using your Pusher Plus and Dual Pusher, push back the cuticles and clean off any extra cuticle growth or pterygium. If necessary, use Nippers to trim extra cuticle growth.
4- Using the 100 grit side of your Nail File in the File Saver\(^{5H}\), file the remaining product to take some of the roughness off, and lightly blend the product into the natural nail. Be sure to crosshatch the new nail growth as well as the old product.

5- Use your Nail Brush to brush off the nail plate and sides.

6- Look for any white spots on the nail enhancement. These are lifted spots and must be removed. Remove the white lifted spots using your nail or your Dual Pusher.

7- Using your Nail File in the File Saver, blend the natural nail and the product into each other again if needed.

8- Examine the side of the nail. If the product is thin or it has broken, remove the product in that area. You will need to use Base Gel to rebuild the nail extension and side of the nail to keep the integrity and strength of the nail. (See Page 70)

9- Use your Nail Brush and Dome Duster\(^{6H}\) to brush off hands and clean the nail dust from your area. Your Nail Vacuum System will also help to clean all of the dust off the table and the File in the File Saver.
10- Pour a small amount of Nail Cleanse into a dampen dish. Take one cotton applicator from the sterile pack of 2 (We recommend that you use sterile cotton applicators to avoid contamination from one product or client to another). **DO NOT USE A BRUSH.** Dip the cotton applicator completely into the Nail Cleanse in your Dampen Dish. Scrub the cuticle from left to right twice, then bring the swab around the sides, come across the free edge and scrub the center of the nail, and then back down the other side to the cuticle. Nail Cleanse will air-dry in about 10-30 seconds depending on the humidity in your area. Dip the swab again and repeat on each nail. Do not be afraid to get Nail Cleanse on the cuticle and nail sidewalls. You will rehydrate the cuticle and sidewalls of the nail with Cuticle Oil at the end of the nail service. **Never touch the nail surface after it has been cleaned, the oils from your fingers will cause our system to be unable to adhere properly to the nail.**

**Applying Protein Primer**

11- After the Nail Cleanse has dried, take the second cotton applicator (NEVER APPLY PROTEIN PRIMER WITH A BRUSH) and dip it completely into Protein Primer. Apply two heavy coats of Protein Primer to the natural
nail only. Apply Protein Primer\textsuperscript{8H} exactly as you did the Nail Cleanse in step 8, rubbing vigorously into the natural nail plate. Wait at least 60 seconds for the product to seek out the keratin and amino acid in the nail plate and begin the bonding process before applying gel. Make sure you dip your swab for each nail. The nail should appear wet and shiny. Do not be afraid to get Protein Primer on the cuticle and skin. Protein Primer will NOT burn or harm your client’s skin and contains no acid. Any extra Protein Primer left on the finger can be wiped off with Nail Cleanse at the end of the nail service, before rehydrating the cuticle and skin with Cuticle Oil. Make sure you replace the primer lid tightly.

Applying Base Gel

12- Apply a small line of Base Gel down the center of the nail\textsuperscript{9H}. Using your Gel Brush smooth the Base Gel onto the nail plate, much like applying nail polish. Keep the product about 1/64th of an inch away from the cuticle. Use a light touch, a heavy brush stroke will remove too much of the product. The Base Gel should appear smooth, like glass, without any bubbles in the gel. If it has a grainy appearance, apply a little more Base Gel and smooth again. Make sure you wrap the Base Gel around the free edge of the nail. Keep the gel off the skin and cuticle.
If you get gel on the cuticle, use your Dual Pusher to make a free margin between the product and the skin. This will keep the gel from lifting off the nail after it is cured.

**Curing Base Gel**

**HEAT SPIKE WARNING**

Cure the nail under the **6 watt UV lamp**, with the top up in the highest position, in the following manner, called "flashing".

a. Controlling the client’s hand, place the nail under the lamp for a count of **10H**.

b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and **511H**.

c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.

d. Place the nails under the UV lamp for **30 seconds12H**. The Base Gel will be tacky; it does not have to be hard-cured to move on to the next step.

14- If repair is needed refer to trouble shooting page 70.
15- Apply full color, French white, color tips, or nail art as desired; following the sequence, left thumb, right four fingers, left four fingers, and then the right thumb. This will allow the gels to cure on one hand while you are working on your client’s other hand.

Finishing the Nail

16- Finish the nail service, refer to page 42.
Fill

With a traditional fill, you are only cleaning up the growth of the nails and filling in the areas that have grown out and lifted since your client’s last service.

**Materials Needed:**

- Nail Cleanse
- Dampen Dish
- Lint Free Wipes
- Dual Pusher
- Pusher Plus
- Nippers
- Nail Brush
- 100/180 Nail File in File Saver
- Dome Duster
- Protein Primer
- Sterile Cotton Applicators
- Gel Brushes
- UV Lamp Guards
- 6 Watt UV Lamps
- Base Gel

**Prepping the Nail**

1- Using a small amount of Nail Cleanse, wet a Lint Free Wipe. You don’t want the wipe dripping, just damp. Wipe each finger from the cuticle forward to begin sanitizing and dehydrating the nail plate, cuticle, and sidewalls.

2- Using your Pusher Plus and Dual Pusher, push back the cuticles and clean off any extra cuticle growth or pterygium. If necessary, use Nippers to trim extra cuticle growth.

3- Using the 100 grit side of your Nail File in the File Saver, lightly blend the existing product into the natural nail. Be sure to crosshatch the new nail growth as well as the old product. Shorten and shape your clients nails as desired.
4- Use your Nail Brush to brush off the nail plate and sides.

5- Look for any white spots on the nail enhancement. These are lifted spots and must be removed. Remove the white lifted spots using your nail or your Dual Pusher.

6- Using your Nail File in the File Saver, blend the natural nail and the product into each other again if needed.

7- Use your Nail Brush and Dome Duster to brush off hands and clean the nail dust from your area. Your Nail Vacuum System will also help to clean all of the dust off the table and the File in the File Saver.

8- Pour a small amount of Nail Cleanse into a Dampen Dish. Take one cotton applicator from the sterile pack of 2 (We recommend that you use sterile cotton applicators to avoid contamination from one product or client to another). **DO NOT USE A BRUSH.** Dip the cotton applicator completely into the Nail Cleanse in your Dampen Dish. Scrub the cuticle from left to right twice, then bring the swab around the sides, come across the free edge and scrub the center of the nail, and then back down the other side to the cuticle. Nail Cleanse will air-dry in about 10-30 seconds.
depending on the humidity in your area. Dip the swab again and repeat on each nail. Do not be afraid to get Nail Cleanse on the cuticle and nail sidewalls. You will rehydrate the cuticle and sidewalls of the nail with Cuticle Oil at the end of the nail service. **Never touch the nail surface after it has been cleaned, the oils from your fingers will cause our system to be unable to adhere properly to the nail.**

### Applying Protein Primer

9- After the Nail Cleanse has dried, take the second cotton applicator (NEVER APPLY PROTEIN PRIMER WITH A BRUSH) and dip it completely into Protein Primer. Apply two heavy coats of Protein Primer to the natural nail only. Apply Protein Primer exactly as you did the Nail Cleanse in step 8, rubbing vigorously into the natural nail plate. Wait at least 60 seconds for the product to seek out the keratin and amino acid in the nail plate and begin the bonding process before applying gel. Make sure you dip your swab for each nail. The nail should appear wet and shiny. Do not be afraid to get Protein Primer on the cuticle and skin. Protein Primer will NOT burn or harm your client’s skin and contains no acid. Any extra Protein Primer left on the finger can be wiped off with Nail Cleanse at the end of the nail service, before rehydrating the cuticle and skin with Cuticle Oil.
Make sure you replace the primer lid tightly.

Applying Base Gel

10- Apply a small line of Base Gel down the center of the nail\(^4\). Using your Gel Brush smooth the Base Gel onto the nail plate, much like applying nail polish. Keep the product about 1/64th of an inch away from the cuticle. Use a light touch, a heavy brush stroke will remove too much of the product. The Base Gel should appear smooth, like glass, without any bubbles in the gel. If it has a grainy appearance, apply a little more Base Gel and smooth again. Make sure you wrap the Base Gel around the free edge of the nail. Keep the gel off the skin and cuticle. If you get the gel in the cuticle, use your Dual Pusher to make a free margin between the product and the skin. This will keep the gel from lifting off the nail after it is cured.

Curing Base Gel

11- **HEAT SPIKE WARNING** Cure the nail under the 6 watt UV lamp, with the top up in the highest position, in the following manner, called “flashing”.

a. Controlling the client’s hand, place the nail under the lamp for a count of 1.

b. Remove the hand from the lamp and place on top of the lamp for

**QUICK TIP**

EXTRA PROTEIN PRIMER LEFT ON THE FINGER CAN BE WIPED OFF WITH NAIL CLEANSE AT THE END OF THE NAIL SERVICE.
the counts of 2, 3, 4, and 5.

c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.

d. Place the nails under the UV lamp for 30 seconds. The Base Gel will be tacky; it does not have to be hard-cured to move on to the next step.

12- If doing a fill on full color, mix color to match, refer to mixing color page 63 and apply.

Finishing the Nail

13- Finish the nail service, refer to page 42.

QUICK TIP
GREAT IDEA TO KEEP A CLIENT CARD FOR EACH OF YOUR CLIENTS STATING THE DATE OF SERVICE, COLORS AND DESIGNS USED
REMOVING SIMPLY ORGANIC GEL NAILS

Simply Organic Gel Nails must be filed off. They cannot be soaked off. We recommend that you use the following instructions when removing Simply Organic Gel Nails.

Materials Needed:

- Nail Cleanse
- Lint Free Wipes
- Pusher Plus
- 100/180 Nail File in File Saver
- Dome Duster
- Nippers
- Nail Vacuum System
- Strengthening Top Coat
- Sander Band
- Cuticle Oil
- Dual Pusher
- Buffing Block
- Nail Brush
- Electric File
- Mandrel Bit
- Lotion

Prepping the Nail

1- Using a small amount of Nail Cleanse, wet a Lint Free Wipe. You don’t want the wipe dripping, just damp. Wipe each finger from the cuticle forward to begin sanitizing and dehydrating the nail plate, cuticle, and sidewalls.

2- Using the electric file, with the Mandrel Bit, Sander Band, and Vacuum System attached, take off 90% the old product -- including most of the color or white tip. Do not take off all of the product or you will damage the natural nail and may cause your client harm. Remove only 90% of the product.

a. Start in the middle of the nail, doing this will knock off the sharpness of the Sander Band.

QUICK TIP

BE VERY CAREFUL NOT TO DAMAGE THE NATURAL NAIL WHILE FILING PRODUCT OFF
b. With slow and even strokes of the file, pull the electric file toward you, going up the extension to the tip of the product covered nail.

c. **Keep the electric file moving!** Keeping the file in one place will remove too much of the product and harm the natural nail. Also, the friction of the file in one spot will cause the file and product to get hot, which may hurt your client.

d. After you have taken 50% of the product off, use the side of the electric file on the tip of the product covered nail to shorten the nail tip to the desired length. Make sure you use even strokes from left to right.

e. The tip of the nail will be thicker now. **Very carefully**, use the tip of the Sander Band to remove the thickness and make the C-curve nice and even. **Make sure that you only remove 90% of the product!**

3- Using your Pusher Plus and Dual Pusher, push back the cuticles and clean off any extra cuticle growth or pterygium. If necessary, use Nippers to trim extra cuticle growth.
4- Use your Nail Brush to clean off the nail plate and sides.

5- Using the 180 (white side) grit side of your Nail File in the File Saver, file only the product to take some of the roughness off, and lightly blend the product and shape the natural nail.

6- Use your Buffing Block to smooth the entire nail.

7- Use your Nail Brush and Dome Duster to brush off hands and clean the nail dust from your area. Your Nail Vacuum System will also help to clean all of the dust off the table and the File in the File Saver.

8- Apply a nail strengthening Top Coat and allow to dry.

9- Apply Cuticle Oil.

10- Apply hydrating massage cream or lotion.
NAIL ART WITH THE SIMPLY ORGANIC GEL NAIL SYSTEM

We encourage you to take photos of your work so you will have a portfolio of pictures to show your clients the endless nail art possibilities which are available. With the Simply Organic Gel Nail System, the possibilities of nail art design are virtually limitless. The most important thing to remember is that if you do not like the design that you have created or color that you have added, you can wipe it off with a Lint Free Wipe and Nail Cleanse at any time before you cure the gel with UV light.

Mixing colors is a basic step to any nail art design. The following basic terms may help you as you mix colors, and design and create your custom nail art:

**PRIMARY COLOR:** These colors cannot be created by mixing any other colors together. However, when these colors are mixed together you can create any other color. Red, Yellow, and Blue.

**SECONDARY COLOR:** A color formed by mixing two primary colors together in equal parts. Orange, Green, or Purple.

**AGGRESSIVE (WARM) COLOR:** Colors which are intense and that pop. Reds, Oranges, and Yellows.

**RECEDING (COOL) COLOR:** Any colors that tend to appear farther from the eye than other colors lying in the same plane. Greens, Blues, and Violets.

**HUE:** Another name for a shade of color.

**TINT:** Any color plus white.

**TONE:** Any color plus gray.

**SHADE:** Any color plus black.

**KEY COLOR:** The dominant color in a color scheme or mixture.
NEUTRAL GRAY: The combination of black and white.

INTENSITY OR CHROMA: The brightness or dullness of a color.

VALUE: The lightness or darkness of a color.

Keeping these terms in mind when mixing colors will allow you to know how to mix a limitless number of hues, tints, tones, shades, and more. Example: if you mix red and black, you can create burgundy; and by adding more black or red, you will change the value and intensity of the color.

Color Design Tips

• There is no right or wrong way to create nail art. Be creative and have fun.

• The key to great nail art is using precise and meticulous movements, and not rushing the final product. If you are concerned about time, apply the art to the thumbs and ring finger, just one or both ring fingers, or just to one finger on each hand.

• Experiment, be creative and have fun with our Colors. You can mix and match colors, glitters, and shimmers to create custom colors. The possibilities are endless!

  Note: If you or your client are not pleased with the color, you can wipe it off with a Lint Free Wipe and Nail Cleanse before it is cured. Simply choose another color and reapply.

• Don’t be afraid to practice and experiment! A practiced hand and color disks are great tools to have and utilize.

• Use a pencil to draw guides on the extension so you know where to apply the color.

• If you are doing a design that does not require dragging or pulling colors through one another, then be sure to flash each color as you apply it -- so it will stay where you put it while you apply each detail and/or color.
• Use diagrams to draw the patterns that you want to apply to the nail. Write in the colors you would like to use.

• Create designs on a Color Disk for displaying possibilities to your clients. This can also be done with full color and tips.

• Don’t be afraid to combine stripping tapes, glitter, dried nail flowers, feathers, decals, and/or free hand art work when creating your designs.

• When creating a chevron, draw a line from the corner of the free edge to the center of the nail. Make sure the center of the chevron is below the natural smile line and gives the client plenty of wearing time.
Mixing Color

1- Squeeze a dime-size amount of Color Base #1 onto a Mixing Tile. Open jar of our Color or Glitter. Using a Mixing Spatula, scoop out approximately enough pigment to cover a quarter or less of the spatula and place on top of the gel.

a. If you want the color to be darker, use a little more pigment. If you want the color to be lighter, use a little less pigment. One thing to remember is that the UV light must be able to get through the color during curing; otherwise you will get a surface cure but will not get a full cure underneath, which will cause the nails to lift and pop off.

b. With very dark colors such as black, navy blue, and red -- as well as with colors that may reflect the light such as white -- it is better to use less pigment and put 2 or 3 coats of color gel on your client’s nail, just as you would when using nail polish.

2- Using a Mixing Spatula, smash, scrape and fold the Color Base #1 into color powder or glitter until you have a smooth even paste. The color mixture should be about the consistency or warm honey.
Applying Stripping Tape

Simply Organic Gel Nails offers a unique stripping tape in a variety of colors and widths. Our selection is unbeatable and we have stripping tape for every occasion.

1- Properly Prep the nail (See page 18) Apply primer, base, and color. Make sure you are flashing and curing your client’s nails under a 6 watt UV lamp using the proper procedures.

2- Before applying stripping tape, make sure that you cure the gel that has been applied until it is no longer tacky. This will allow the stripping tape to stick to the nail.

3- Lift one edge of stripping tape with the pointed tweezers. Lay the stripping tape across the nail where you want it to go.

4- Use the opposite thumb to hold the tape in place and gently apply enough pressure to make it stick to the nail.

5- Trim the tape to the desired length with your straight nail scissors.

6- Finish the nail with Builder Finish and cure using a 6 watt UV lamp and proper flashing. Refer to finishing the nail on page 42.
Applying Decals

1- Properly Prep the nail (See page 18) Apply primer, base, and color. Make sure you are flashing and curing your client’s nails under a 6 watt UV lamp using the proper procedures.

2- Cure the gel that has been applied until it is no longer tacky. This will allow the decal to stick to the nail.

3- Lift one edge of the decal with the pointed tweezers. Carefully position the decal on the nail where you want it to go.

4- Gently apply enough pressure to make the decal stick to the nail.

5- Finish the nail with Builder Finish, and cure using a 6 watt UV lamp and proper flashing. Refer to finishing the nail on page 42.
Applying Gems

1- Properly Prep the nail (See page 18) Apply primer, base, and color. Make sure you are flashing and curing your client’s nails under a 6 watt UV lamp using the proper procedures.

2- Place a small amount of Base Gel where you want the gem to set.

3- Make sure the gem is color side up. Using your Dotter or Gel Brush with a small amount of Base Gel on the tip, pick up the gem by placing the Dotter or Gel Brush on the gem.

4- Place the gem on the nail where you want it to set. You may use the Dotter to position the gem if necessary.

5- Cure under a 6 watt UV lamp for 10 seconds.

6- Finish the nail with Builder Finish, and cure using a 6 watt UV lamp and proper flashing. Refer to finishing the nail on page 42.
Glitter Applications

Shimmers, glitters, and dusters provide an extra pizzazz or pop to your finished nail service and art. There are numerous ways to use shimmers, glitters, and dusters; the following are just a few examples:

- You can mix a transparent duster with Color Base #1 to apply over the color.

- Blaze the nail. After finishing the nail, use a Lint Free Wipe and Nail Cleanse to remove any Protein Primer or other residue from the nail. Place a thin line of Base Gel on the nail where you want the glitter or duster to show. Using your Dual Pusher or a Mixing Spatula, take a small amount of glitter or duster and blow it onto the nail where you placed the gel. The glitter or duster will stick only to the gel. Cure for 1 minute.

- To add glitter to your nail art, place a small amount of Base Gel where you want the shimmer or glitter to go and sprinkle shimmer or glitter on top. Cure for 10-30 seconds. Tap the nail on a paper towel to remove any unwanted glitter from the nail.

- To add glitter to your nail art, you can also use your Gel Brush with a small amount of gel on it. Touch the tip of the brush into the glitter in the jar, and then touch each place you want the glitter to go. Cure for 10 seconds before continuing on to the next step.

- Add glitter to a small amount of Opaque French to create a sparkly white French Tip.

- Mix dusters, glitters, and shimmers with any of Simply Organic Gel Nails Colors to add sparkle.

- Use your imagination. THERE ARE NO LIMITS!!!
Trouble Shooting

On the following pages you will find some helpful answers and solutions to questions or problems you may be having with product application. Read through the list of problems, and use this section as a resource. Most problems can be easily worked out with the proper information and proper application techniques. We want to make your experience with our products a success. We want you and your clients to enjoy having longer, healthier, and more beautiful nails without a lot of effort. If you still find that you have questions, please feel free to contact one of our nail experts through our website at www.sogelnails.com or via telephone at 866-681-3737.

<table>
<thead>
<tr>
<th>Problem: Lifting at the cuticle or sidewall area</th>
<th>Solution:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1- Was the product touching the skin?</td>
<td></td>
</tr>
<tr>
<td>a. Oil from the cuticle can get up under the product, which will cause lifting. Keep the product off the skin. If the product does get on the skin, use your Dual Pusher or a wooden manicure stick to remove it prior to curing. If you have already cured the product, simply file it off the skin.</td>
<td></td>
</tr>
<tr>
<td>2- Was the Protein Primer applied properly and in the adequate amount?</td>
<td></td>
</tr>
<tr>
<td>a. Use a well saturated cotton tip applicator swab to rub the Protein Primer into the nail plate - make sure the entire nail plate and free edge are coated with Protein Primer. <strong>Do Not Apply With A Brush</strong></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Problem: Lifting at the free edge</th>
<th>Solution:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1- Did you apply Protein Primer over the free edge?</td>
<td></td>
</tr>
<tr>
<td>a. Always rub the free edge with Protein Primer to ensure a good bond. Also, wrap the free edge with Base Gel to seal it.</td>
<td></td>
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<tr>
<td>Problem:</td>
<td>Solution:</td>
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<td>-----------------------------------------</td>
<td>---------------------------------------------------------------------------</td>
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<tr>
<td>Brushed keep getting hard</td>
<td>1- Are you placing the brush with product on it near the UV light?</td>
</tr>
<tr>
<td></td>
<td>a. Keep brushes away from UV lights, such as bonding lamp and sunlight, to avoid this problem. Even prolonged exposure to indirect UV light can cause the product to start to cure.</td>
</tr>
<tr>
<td>Peeling of the layers of product</td>
<td>1- Did you apply Protein Primer over the free edge?</td>
</tr>
<tr>
<td></td>
<td>a. Always rub the free edge with Protein Primer to ensure a good bond. Also, wrap the free edge with Base Gel to seal it.</td>
</tr>
<tr>
<td>Opaque French (white) is not white enough</td>
<td>1- Did you open the bottle and stir the contents of the bottle?</td>
</tr>
<tr>
<td></td>
<td>a. The pigments may have separated in the bottle. Remove the cap on the bottle and use the wooden end of a cotton applicator, or wooden manicure stick, to stir the product thoroughly prior to use. The pigments are heavier than the product and have a tendency to sink to the bottom of the bottle.</td>
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<tr>
<td></td>
<td>ALL COLORED BUILDER FINISHES, OPAQUE FRENCH, AND NATURAL FRENCH SHOULD BE MIXED WELL PRIOR TO USE.</td>
</tr>
<tr>
<td>Cracking at the stress point</td>
<td>1- Did you apply enough product to the surface of the nails? Was the arch in the correct place?</td>
</tr>
<tr>
<td></td>
<td>a. Do not put on too thin of a layer of product. The strength is in the product so do not be skimpish. The arch is the thickest part of an overlay. The stress point is the weakest part of the nail. Place your arch over the stress point to add strength to the area.</td>
</tr>
<tr>
<td><strong>Problem:</strong> Nail Repair</td>
<td><strong>Solution:</strong></td>
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<tr>
<td>--------------------------</td>
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</tr>
<tr>
<td></td>
<td>1- Get out one Gold Foil form.</td>
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<tr>
<td></td>
<td>2- Cut the back of the form with your straight scissors.</td>
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<tr>
<td></td>
<td>3- With your index finger and thumb, squeeze the form and gently slide it up under the nail that needs to be repaired.</td>
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<tr>
<td></td>
<td>4- When the form is in place, make sure to squeeze the sides of the Gold Foil form together so it sticks to the finger.</td>
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<tr>
<td></td>
<td>5- Check the fit of the form on the nail, making sure that the form fits snugly with no loose or open areas that the Base Gel can seep into or under.</td>
</tr>
<tr>
<td></td>
<td>6- Make any adjustments that need to be made, trimming the form with your curved nail scissors if necessary.</td>
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<tr>
<td></td>
<td>7- Apply a thin coat of Base Gel to the nail. Make sure there is a nice, even coat of gel covering the entire nail.</td>
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<td></td>
<td>8- Keep product off the skin. Use your Dual Pusher to clear away any gel that gets on the skin.</td>
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<tr>
<td></td>
<td>9- Turn the nail upside down, check all five angles of the nail. Use the corner of your Gel Brush to distribute the gel and make an arch. Turn the nail right side up.</td>
</tr>
<tr>
<td></td>
<td><strong>HEAT SPIKE WARNING</strong> Cure the nail under the 6 watt UV lamp, with the top up in the highest position, in the following manner, called “flashing”.</td>
</tr>
<tr>
<td>Problem: Nail Repair (cont.)</td>
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<tr>
<td>-----------------------------</td>
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<tr>
<td>a. Controlling the client’s hand, place the nail under the lamp for a count of 1.</td>
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<tr>
<td>b. Remove the hand from the lamp and place on top of the lamp for the counts of 2, 3, 4, and 5.</td>
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</tr>
<tr>
<td>c. Repeat, alternating steps A and B 3-5 times until your client does not feel any warmth on her nail bed. If the client does feel warmth, wait an extra 1-2 seconds before returning the nail to the lamp. Our gels should not, and will not, burn if cured correctly.</td>
<td></td>
</tr>
<tr>
<td>d. Place the nail under the UV lamp for 1-2 minutes with the top down in the lowest position.</td>
<td></td>
</tr>
<tr>
<td>11- Gently remove the form. If the gel is not fully cured under extension repair, put the nail back under the lamp with the nail upside down and cure for an additional 1 minute.</td>
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</tr>
<tr>
<td>12- With your Nail File, shape the top and free edge of your repaired nail, making sure it is smooth. Remember, when you have a good base the final product will be excellent.</td>
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</tr>
<tr>
<td>13- Use your Nail Brush to clean off around the cuticle and the nail. Use your Dome Duster to dust off hands and clean the nail dust from your area.</td>
<td></td>
</tr>
</tbody>
</table>

<p>| Problem: Color is grainy when mixed |
| Solution: |
| 1- You may have added too much pigment. Add more Color Base and mix well. Make sure you are mixing by scraping, scooping, and smashing the color and gel together. |</p>
<table>
<thead>
<tr>
<th>Problem: Burn under the UV light</th>
<th>Solution:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1- Are you going directly under the UV light?</td>
</tr>
<tr>
<td></td>
<td>a. Always flash cure first; less than 1 second in the lamp, and the counts of 2, 3, 4, and 5 outside and on top of the lamp. Repeat this 3-5 times. If you still feel heat, pull back from the light and wait a few seconds longer.</td>
</tr>
<tr>
<td></td>
<td>b. Another option is to wait 15 seconds outside the lamp, with the hand 4-5 inches away from the lamp but still within the glow of the lamp. Then slowly move the hand under the lamp. If you still feel heat, pull back from the lamp and wait a few seconds longer.</td>
</tr>
<tr>
<td></td>
<td>c. The heat spike is the photo initiator doing its job. The photo initiator is the element that starts the hardening process. The heat spike always starts at the 3 second mark and it lasts for 3 seconds.</td>
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<tr>
<td></td>
<td>2- Have you applied the product too thick?</td>
</tr>
<tr>
<td></td>
<td>a. Two thin coats are better than one thick coat. A thick coat will throw off more heat than a thin coat. This is because the more product there is, the more photo initiator.</td>
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<table>
<thead>
<tr>
<th>Problem: My color mixture is too transparent</th>
<th>Solution:</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>1- Some pigments are naturally more translucent or transparent than others. However, try adding small amounts of color powder to the mixture until it is the opaqueness that you want.</td>
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<table>
<thead>
<tr>
<th>Problem: My color mixture is too dark</th>
<th>Solution:</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>1- Mix in a small amount of a lighter pigment. Remember, when mixing colors: Tint = color + white, Tone = color + gray, and Shade = color + black.</td>
</tr>
<tr>
<td><strong>Problem:</strong></td>
<td><strong>Solution:</strong></td>
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</table>
| Product not curing fully | 1- Have you applied the product too thick?  
   a. Two thin coats, applied with curing in between, are better than 1 thick coat.  
   
   2- Is it taking longer than the recommended time for the product to cure?  
   a. Check your UV lamp. You may need a new UV light bulb. We suggest that you replace your bulb every 3-6 months, depending on how often you use your lamp.  
   b. You may need to replace the mylar on the bottom of your lamp. We recommend replacing the mylar when it begins to dull where your clients place their hands.  
   c. Make sure you are doing the final 4 minute cure with the lamp in the down or closed position.  
   d. Do you live in a humid climate? High humidity in the air may require an additional 30 seconds for a hard cure. |
| My stripping tape isn’t sticking to the color. | 1- Make sure the color is completely cured (4 min).  
   
   2- If you had to file on the color, use Nail Cleanse with a Lint Free Wipe to clean off the nail.  
   
   3- If ends are lifting, apply a small amount of Gel Base to the end of the stripping tape and cure for 15 seconds. |
<table>
<thead>
<tr>
<th><strong>Problem:</strong> Nails lift and pop off when using dark colors such as black, or when using white</th>
<th><strong>Solution:</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1- Check your UV lamp. You may need a new UV light bulb. We suggest that you replace your bulb every 3-6 months, depending on how often you use your lamp.</td>
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<td>2- You may need to replace the mylar on the bottom of your lamp. We recommend replacing the mylar when it begins to dull where your clients place their hands.</td>
<td></td>
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<tr>
<td>3- Make sure you are doing the final 4 minute cure with the lamp in the down or closed position.</td>
<td></td>
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<tr>
<td>4- Do you live in a humid climate? High humidity in the air may require an additional 30 seconds for a hard cure.</td>
<td></td>
</tr>
<tr>
<td>5- Did you apply the product too thick?</td>
<td></td>
</tr>
<tr>
<td>a. Two thin coats, applied with curing in between, are better than 1 thick coat.</td>
<td></td>
</tr>
<tr>
<td>6- Are you using too much pigment and not enough gel?</td>
<td></td>
</tr>
<tr>
<td>a. Using too much pigment will inhibit the UV light from penetrating the gel and curing it all the way through. Too much dark pigment will block the light. Too much light pigment will reflect the light.</td>
<td></td>
</tr>
<tr>
<td>b. Try using half as much pigment. If the color is not dark enough try applying two or more coats, or adding just a touch more pigment. You might also try using a darker pigment, or adding a darker pigment to the mixture as well.</td>
<td></td>
</tr>
<tr>
<td>Problem: Fungus</td>
<td>Solution:</td>
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<td>----------------</td>
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</tr>
<tr>
<td>1- Do you see white or yellowish color on the nail plate? (This type of fungus is generally a secondary fungus.)</td>
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</table>

2- Does your client have problems with Athletes Foot, Candida, Yeast Infection, or Toe Fungus? (Generally people with these problems are more likely to have fingernail fungus as well.)

a. Remove the product. Throw away any Nail Files, Sander Bands, brushes, and disposable implements that came in contact with the infected nail. Completely sanitize all of your tools and work station with a hospital grade antimicrobial sanitizer and Nail Cleanse.

b. You should never treat nails that show signs of nail disease. Refer your clients to their health care provider for a medical examination to determine the appropriate treatment. There are medications available to help this problem. Remember, you are not a doctor and you may lose your nail technician’s license and open yourself up for lawsuit if you try to treat any kind of nail fungus or infection.

<table>
<thead>
<tr>
<th>Problem: Why do your colors not come premixed?</th>
<th>Solution:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1- If our colors were to come premixed then they would have a shelf life. A very small amount of our pigments goes a long way. Our 3 gram jar of pigment lasts a long time without going bad. Therefore there is no need to worry about wasting colors or gels because you did not use them before they expired.</td>
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</table>
### Problem:
Can I mix Simply Organic Gel Nails products with acrylics or other gel systems?

### Solution:
1- Our system is a complete system. Mixing products from different systems is never a good idea. Products from other systems have not been formulated to work with our product. If you mix products, we cannot guarantee the quality of the final product, or that there will not be a reaction between the products that may harm your clients.

### Problem:
My base gel is “grainy” or “sandy” looking.

### Solution:
1- Did you apply enough Base Gel on the nail?
   a. The sand-like appearance is actually due to small bubbles; that means you haven’t put enough Base Gel on the nail. Apply your Base Coat a little thicker so that it has the appearance of glass when it is cured.

2- Are you working your brush too much?
   a. Our gels will do a lot of the work for you. Patience is the key. A little bit of brushing to guide the gel where you want, and having your client turn their hand upside down occasionally to bring the gel back to the center of the nail, is all you need.
Definitions

**Anti-Microbial Wipes:** Wipes used to clean your nail table, lamps, and wrist rest. These can also be used to wipe your hands.

**Base Gel:** A synthesized polycarbonate applied to the natural nail as the foundation for the Color Base and Builder Finish. It is thin, yet has the unique capacity for sculpting when using a form.

**Buffing Block:** A high quality light abrasive foam block used for buffing the natural nail.

**Builder Finish:** A synthesized polycarbonate gel that cures to a high shine and is durable under everyday activities. This gel is the final step in our system, it reacts to the use of gravity and is applied as a flow coat.

**Color Base #1:** A synthesized polycarbonate gel which is mixed with color powders and glitters to make a wide array of customized colors. This gel is thinner and used to create a polished nail look.

**Color Base #2:** A synthesized polycarbonate gel which is mixed with color powders and glitters to make a wide array of customized colors. This gel is thicker and used when applying nail art.

**Colors:** UV stabilized pigments and glitters in a wide variety of over 300 colors.

**Color Disk:** Disk on which you apply colors and designs for practice and display.

**Color Dragger:** Custom art tool used for applying and dragging colors when creating nail art. It is also used to help create crisp, clean lines and details.

**Cotton Applicators:** Tightly woven sterile cotton swabs with sturdy wooden handles. These applicators come in sterile packages of 2, and are used to apply Nail Cleanse and Protein Primer.

**Cuticle Oil:** A custom organic blend of natural oils used to replace oils removed from the cuticle and skin around the nail during a nail service.

**Dampen Dish/Decal Cup:** Small glass dishes used for Nail Cleanse and water decals.
**Dome Duster:** Small brush used to dust off your client’s and your hands, as well as your work surface after filing.

**Dotter:** Custom art tool used when applying nail art designs to the nail.

**Dual Pusher:** Tool used to push back cuticles and scrape pterygium from the nail plate. Also used to scrape excess gel or color from around the cuticle when necessary.

**Electric File:** Electric tool used for removing product, and also cleaning underneath the nails at the end of your fill.

**File Saver:** A custom file holder which allows the technician to file without damaging her own nails or fingers. This tool also provides extra support, providing the technician with a clean and sturdy file for crisp, clean lines.

**Forms:** Used for sculpting nails for a custom fit on each individual client. Also used when rebuilding and repairing extensions.

**Form Holder:** A clear acrylic holder which gives easy access to each form and helps keep forms clean and organized.

**Flashing:** Curing done when a client first places their finger in the UV light. Simply Organic Gels have a heat spike at about 3 seconds of curing. Flashing helps to prevent and minimize burning during the heat spike. Place the fingertips in the 6 watt UV light for less than 1 second, and then out of the UV light for 4 seconds. Repeat 3-5 times. Fair skinned clients may feel the heat spike sooner and more intensely than a client with darker skin. Be aware that heat may be felt with the Base Gel, extensions, and Builder Finish but is usually not felt as much with the Color Base unless the color is applied thick or is transparent.

**Flow Coat:** A very thin layer of Builder Finish brushed onto the nail to create a “map” that tells the Builder Finish where it is supposed to go. This layer is applied before you make lines of Builder Finish down the nail.

**Front Loading:** The act of placing the tip of the Gel Brush behind the gel on the nail, making sure the gel is in front of the brush, and gently “pushing” it where you want it.
**Gel Brush:** A sable brush used to apply gels. We recommend that you replace your gel brushes about once a month as they do wear out and bristle brushes are difficult to completely sanitize.

**Gravity Pulling:** The act of turning your client’s hand upside down and using the corner of your Gel Brush to carefully “pull” or guide the gel where you need it to be, creating a smooth Builder Finish layer. View the nail from the front and sides to make sure you have a smooth, even finish with a nice C-curve and arch.

**Heat Spike:** !!!Warning!!! Placing the nail directly into the UV light without flashing it will cause the gel molecules to move very quickly and cause a heat spike that will burn your client. Do not let your client place her nails directly in the UV light without flashing them first!

**Lint Free Wipes:** Wipes used to cleanse the nail with Nail Cleanse.

**Lamp Guards:** A guard used to protect your work area and the gels you are using from the UV light emitted by the UV lamp. This helps you avoid curing the gel you are working with on your brushes and Mixing Tile, as well as the gels in the bottles.

**Mandrel:** An electric file bit used to hold the sander band that is used to file off the color when doing a back fill.

**Mylar:** Tape that is placed on the bottom of the UV lamp to create a reflective surface to aid the curing of the underside of the nails. We recommend that you replace this tape every 3-6 months, or when the shine begins to wear off or becomes dull.

**Mixing Spatulas:** Small plastic spatulas used to mix color pigments with Color Base #1 & #2 on the Mixing Tile.

**Mixing Tile:** Tile on which Color Base #1 & #2 are mixed with color pigments.

**Nail Brush:** A brush used to clean dust and fillings from the nail.

**Nail Cleanse:** A nail dehydrator and anti-microbial sanitizer used to cleanse the nail before and during a nail service.
Nail File: Implement used for blending. The black side is 100 grit, commonly used for nail prep. The white side is 180 grit, commonly used for buffing or less aggressive filing.

Nippers: Tool used for trimming cuticles when necessary.

Nooking Out: The process of using your File in a File Saver, or your electric file with a sander band, to make an L-shaped cut in the nail enhancement that will allow you to rebuild or repair a nail extension during a backfill.

Practice Hand: A synthetic hand used by students to practice on before going onto a live client. Also used by some nail technicians to practice new designs and to show clients the different finished shapes of nails (square, squoval, round, oval, and stiletto).

Primer Stand: A rubber base used to hold a bottle of Protein Primer to prevent spills during a nail service.

Product Tray: A cultured marble tray which is placed on your nail table to organize your products, brushes, and electric file bits.

Product Warmer: A warmer used to keep your gels warm so that they will flow properly during a nail service. Keep the warmer on low so that you do not cook your gels.

Protein Primer: An acid free and acrylate free bonding agent which is attracted to the oxygen, protein, and natural amino acids in the nail plate and bonds them to the polycarbonate base gel.

Pusher Plus: A spoon shaped cuticle pusher used to push back the cuticles and scrape ptergium off the nail plate.

Sander Bands: Small disposable filing bands used with the mandrel and electric file to remove Builder Finish and color when doing a backfill. We recommend using a new band for each client for sanitary purposes.

Sanitizer Tray: A plastic tray used to hold tools during sanitizing. Place your reusable tools and a barbicide sanitizing solution in the tray after each client. Always follow the instructions on the barbicide.
**Scissors (Curved & Straight):** Nail scissors used to customize forms for clients who have long hyponychiums (cuticle under the nail) as well as for cutting stripping tape.

**Stripping Tape:** Thin pieces of tape used in nail art. Our unique stripping tape comes with 3 different widths on the same card.

**Swing Arm Lamp:** Lamp used for lighting your work station.

**Timer:** Used to make sure that you are curing our gels for the proper amounts of time.

**Toothpick Bit:** An electric file bit used for cleaning underneath the nails.

**Topcoat/Sunscreen:** A UV protective coating used to protect nail enhancements on clients who tan or who are out in the sun a lot. Can also be used to add shine to nails between nail services.

**UV Lamp (6 watt):** Lamp used to cure gels during nail application. We recommend that you only use the 6 watt lamp on your client’s hands. Bulbs should be changed every 3-6 months, or after approximately 200 hours of use.

**UV Lamp (9 watt):** Lamp used to cure gel when applying gel to toes. We recommend that you only use the 9 watt lamp on your client’s toes. Bulbs should be changed every 3-6 months, or after approximately 200 hours of use.

**Vacuum:** When used in conjunction with your electric file, the portable vacuum system collects most of the dust and filings when doing a backfill or removing product.

**Wire Brush:** A brush used to clean electric file bits before dipping them in Nail Cleanse or sanitizing solution.